



**Community Resource Directory  
in or near Humble / Houston Areas**

**Agenda**  
**Resource Directory for Mental**  
**Health and Social Service**  
**Organizations**  
**Humble / Houston Areas**

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# Mental Health Providers/Clinics

Name of Organization	Summary of Services	Contact Information	Social Media Sites/Website (if available)
<p>   <b>Enriching Counseling Services PLLC</b>  <b>Jennifer Leslie-VanBlarcom MA, LPC-S</b>  <b>Licensed Professional Counselor</b>  <b>Supervisor</b> </p>	<p>We provide for individuals, children, teens, and couples with compassionate assistance. For over a decade, our services have specialize in providing in person and virtual counseling for adults alongside gentle and engaging therapy for children, helping them express emotions, build resilience, and develop invaluable coping skills. We also do couples and family counseling services.</p>	<p> <b>107 W 1St Street,</b>  <b>Humble, TX 77338</b>  <b>Suite 201</b>   <u><b>832-771-5630</b></u> </p>	<p> <b>Social Media:</b>  <a href="https://www.facebook.com/enrichingcounselingservices">https://www.facebook.com /  enrichingcounselingservices</a>  <b>Website:</b>  <a href="http://enrichingcounselingservices.org">enrichingcounselingservices.org</a> </p>
<p> <b>Chandre Martell Ward</b>  <b>Clinical Social Work/Therapist, LCSW</b> </p>	<p>He works extensively with individuals and families facing various challenges, including abuse, addiction, mental health struggles, and significant life transitions. Using evidence-based therapeutic approaches such as Cognitive Behavioral Therapy (CBT), Solution-Focused Therapy, and family systems theory, He empower clients to heal and find strength.</p>	<p> 1420 Farm to  Market 1960  Bypass Road East:  Suite 310  Humble, TX 77338  <u><b>(281) 205-3674</b></u> </p>	<p> Website:  <a href="https://care.headway.com/providers/chandre-ward?utm_source=pe&lt;br/&gt; m&amp;utm_medium=dire&lt;br/&gt; ct_link&amp;utm_campaig&lt;br/&gt; n=108474">https://care.headway.c  o/providers/chandre-  ward?utm_source=pe  m&amp;utm_medium=dire  ct_link&amp;utm_campaig  n=108474</a> </p>

# Mental Health Providers/Clinics

Name of Organization	Summary of Services	Contact Information	Social Media Sites/Website (if available)
<p><b>Schmidt Counseling Associates</b> William Schmidt Licensed Professional Counselor, PhD, CSAT-S, LMFT, LPC-S, LSOTP-S</p>	<p>He offers therapy sessions in person, or online via ZOOM or telephone to address . Compulsive sexual behavior, or sexual addiction, as well as other disorders.</p>	<p>514 1<sup>st</sup> Street Humble, TX 77338 <u>(281) 915-4621</u></p>	<p>Website: <u><a href="https://williamschmidtphd.com/">https://williamschmidtphd.com/</a></u></p>
<p><b>Stephanie A Stevens, Inc</b> Stephanie Ann Stevens Licensed Professional Counselor MA, LPC-S</p>	<p>She offers therapy sessions online only via Zoom. Along with traditional daytime availability, as well as evening and weekend appointments.</p>	<p>Humble, TX 77338 <u>(281) 973-4722</u></p>	<p>Website: <a href="https://www.psychologytoday.com/us/therapists/stephanie-ann-stevens-humble-tx/212956">https://www.psychologytoday.com/us/therapists/stephanie-ann-stevens-humble-tx/212956</a></p>
<p><b>Serenity Behavior Health Services</b> LaShay Dupree LCSW Clinical Social Work/Therapist</p>	<p>She assists home-bound clients with limited access to mental health treatment and offers virtual therapy or in-home therapy. Provider integrate a holistic approach to treatment to assist client with improving their mental health well-being. Services include linkage to a psychiatrist, as needed.</p>	<p>EMAIL: INFO@SERENITYBEHAVIORHS.COM Humble, TX 77338 <u>832-536-1865</u></p>	<p>Website: <a href="https://serenitybehaviorhs.com/">https://serenitybehaviorhs.com/</a></p>

# Psychiatrists/Psychiatric NPs

Name of Organization	Summary of Services	Contact Information	Social Media Sites/Website (if available)
 <p><b>Fortitude Behavioral Health</b>  <b>Alicia Thomas</b>            MSN, APRN, PMHNP-BC</p>	<p>Children and adult psychiatric services. Meetings available virtually and in person Mon to Fridays</p>	<p><b>107 W 1st Street, Suite 203</b>            Humble TX 77338  <b>281-318-1796</b></p>	<p>Website:  <a href="http://Fortitudebehavioralhealth.com">Fortitudebehavioralhealth.com</a></p>
<p><b>Absolute Psychiatry</b></p>	<p>They offer effective outpatient, individualized, psychiatry care. They treat a number of mental health disorders.</p>	<p>4626 FM 2100 # C,            Crosby, TX 77532            832-941-0940-</p>	<p>Website::  <a href="https://absolutepsychtx.com/">https://absolutepsychtx.com/</a></p>
<p><b>Holistic Psychiatry</b></p>	<p>They provide expert holistic psychiatry services in Houston, offering TMS therapy, Esketamine treatment, and personalized care for mental wellness.</p>	<p>3411 Cedar Knolls Dr            Suite B, Kingwood,            TX 77339</p>	<p>Website::  <a href="http://texasholisticpsychiatry.com">texasholisticpsychiatry.com</a></p>

# Psychiatrists/Psychiatric NPs

Name of Organization	Summary of Services	Contact Information	Social Media Sites/Website (if available)
<p><b>Favor Healthcare Services: Tawa Raji, APRN, MSN, PMHNP - Child and Adult Psychiatry</b></p>	<p>They provide child and adult psychiatric services in Humble, Texas. They use integrative and client-centered approach to help clients build strength and clarity.</p>	<p><u>HUMBLE MEDICAL</u>  <u>ARTS BUILDING</u>            9816 Memorial Blvd            #207, Humble, TX            77338  <u>(281) 886-8595</u></p>	<p>Website:  <a href="https://www.favorhcs.com/">https://www.favorhcs.com/</a></p>
<p><b>Life Stance Health Therapists &amp; Psychiatrists</b></p>	<p>They help clients lead healthier, more fulfilling lives by providing access to trusted, affordable, and personalized mental healthcare. Their psychiatrists, therapists, and psychologists offer in-person and remote appointments.</p>	<p>23051 Kingwood            Place Dr, Suite  <u>855-779-1130</u></p>	<p>Website:  <a href="https://lifestance.com/">https://lifestance.com/</a></p>

# Clinical Psychologist

Name of Organization	Summary of Services	Contact Information	Social Media Sites/Website (if available)
<p><b>Dr. Donald D. Caudle, Psychologist</b></p>	<p>He is a licensed psychologist who specializes in meeting the unique evaluation needs of children, adolescents, and young adults in The Woodlands and Houston areas. He focuses on neuropsychological, ADHD, psychoeducational, and psychological evaluations.</p>	<p>2103 Research Forest Drive, Building 1, Suite 175 The Woodlands, TX 77380 <u>1-888-448-2073</u></p>	<p>Website: <a href="https://lifestance.com/">https://lifestance.com/</a></p>
<p><b>Dr. Lavonna Connell, Psychologist</b></p>	<p>She provides evaluation services to help support children, adults, and families live their best lives and achieve goals.</p>	<p><u>12505 Memorial Dr</u> <u>Suite 230</u> <u>Houston, TX</u> <u>77024</u> <u>281-648-2200</u></p>	<p>Website: <a href="https://lifestance.com/">https://lifestance.com/</a></p>

# Substance Abuse/Intensive Outpatient Programs (IOP)

Name of Organization	Summary of Services	Contact Information	Social Media Sites/Website (if available)
<b>Into Action Recovery Centers</b>	They provide drug and alcohol treatment in a Rehab Center	Houston, TX · (844) 694-3576	Website: <a href="https://www.facebook.com/intoactionrecovery/">https://www.facebook.com/intoactionrecovery/</a>
<b>Positive Recover Centers</b>	They are an addiction treatment center	265 Farm to Market 1960 Bypass Rd E · (281) 699-2012	Website: <a href="https://positiverecovery.com/">https://positiverecovery.com/</a>
<b>Humble House</b>	They are an alcoholism treatment program	4514 Atascocita Road (281) 852-981	Website: <a href="https://www.rehab.com/humble-house">https://www.rehab.com/humble-house</a>

# Substance Abuse/Intensive Outpatient Programs (IOP)

Name of Organization	Summary of Services	Contact Information	Social Media Sites/Website (if available)
<b>Westbridge Recovery Center, INC.</b>	They are an addiction treatment center	Porter, TX · (832) 510-8305	Website: <a href="https://recovery.org/providers/westbridge-recovery-center-inc">https://recovery.org/providers/westbridge-recovery-center-inc</a>
<b>Life Launch</b>	They are a purpose driven recovery sober living in Houston addiction treatment center	22923 Yukon River Dr, Porter, TX 77365	Website: <a href="https://www.facebook.com/PurposeDrivenRecovery/">https://www.facebook.com/PurposeDrivenRecovery/</a>

# Support Group Meetings

Name of Organization	Summary of Services	Contact Information	Social Media Sites/Website (if available)
<p><b>RE: MIND Community Program</b></p>	<p>They offer general support groups that are open to anyone 18 years old and over experiencing signs and symptoms of, or diagnosed with, depression or bipolar disorder. These groups are <b>free</b> and confidential.</p>	<p>Phone: <a href="tel:(713)600-1131">(713) 600-1131</a>            Mail: PO Box 27607,            Houston, Texas 77227            201-951-2758</p>	<p>Social Media:  <a href="https://www.facebook.com/remindsupport/">facebook.com/remindsupport/</a></p>
<p><b>DBT Skills Support Group</b></p>	<p>The group typically consists of approximately five individuals. The goal is to provide a safe and effective way for individuals to acquire therapeutic skills in four key areas: mindfulness, distress tolerance, emotion regulation and interpersonal effectiveness.</p>	<p>Hosted by: <a href="#"><u>Nancy Breunig Schultz</u></a>            NBS Psychological            Services, PLLC            Humble, TX 77396</p> <p><b>Session Cost</b>            \$20-\$50</p>	<p><b>Website:</b>  <a href="https://www.psychologytoday.com/us/groups/dbt-skills-support-group-humble-tx/173844">https://www.psychologytoday.com/us/groups/dbt-skills-support-group-humble-tx/173844</a></p> <p style="text-align: right;">10</p>

# Support Group Meetings

Name of Organization	Summary of Services	Contact Information	Social Media Sites/Website (if available)
<p><b>Parents of Young Children Process Group</b></p>	<p>This group will provide the opportunity to gain skills and resources for parenting children ages 2-6 while also providing a therapeutic environment to discuss the challenges and struggles that come with this age group. Topics will include boundaries, discipline, co-parenting, and emotion regulation.. This is a diverse group of parents in regard to race, religion, gender, family makeup, sexual orientation, etc. to create a rich experience. Only one parent per family may join.</p>	<p>Hosted by: <a href="#">Christine Foster</a></p> <p>Location 2316 Timber Shadow Drive Suite 200 Humble, TX 77339</p> <p>Call: 832-734-8497</p> <p><b>Session Cost</b> \$60-\$70</p>	<p>Website: <a href="https://christinefosterlcsw.com/">https://christinefosterlcsw.com/</a></p>
<p><b>Mind' N Matter Therapy Services: Anger management Group</b></p>	<p>This group addresses Anger Management, Anxiety, and Men's Issues</p>	<p>Hosted by: <a href="#">Ray Anthony DeBlanc</a></p> <p>Humble, TX 77338 Call: 281-204-8835</p> <p>Session Cost \$100-\$120</p>	<p>Website: <a href="https://www.psychologytoday.com/us/groups/tx/houston?category=anger-management">https://www.psychologytoday.com/us/groups/tx/houston?category=anger-management</a></p>

# Support Group Meetings

Name of Organization	Summary of Services	Contact Information	Social Media Sites/Website (if available)
<b>Addictions Group</b>	<p>This group may provide an opportunity for other people to cheer you on and help you set and achieve goals toward your recovery. Working in this group therapy may challenge you to abandon misleading myths that you are alone in your feelings and thoughts because it is likely that several people share your experience.</p>	<p>Hosted by: <u><a href="#">Dr. Edna O'Bryant</a></u> Greater Faith 20550 Townsen Blvd Building 3, Suite 101, Humble, TX 77338</p> <p>Call: 832 783-9601</p> <p>Session Cost \$20-\$40</p>	<p>Website: <a href="https://www.psychologytoday.com/us/groups/addictions-group-beginning-august-2020-humble-tx/169677">https://www.psychologytoday.com/us/groups/addictions-group-beginning-august-2020-humble-tx/169677</a></p> <p>12</p>

# Crisis Centers

Name of Organization	Summary of Services	Contact Information	Social Media Sites/Website (if available)
<p><b>Family Time Crisis and Counseling Center</b></p>	<p>Hotline hours of operation. Sunday. 24 hours. Monday. 24 hours. Tuesday. 24 hours. Wednesday. 24 hours. Thursday. 24 hours. Friday. 24 hours. Saturday. Languages Spoken. English, Spanish Domestic Violence Help</p>	<p>Humble TX 77338 Hotline. 281-446-2615 (24/7) 346-220-8205.</p>	<p>Website: <a href="http://www.familytimeccc.org">www.familytimeccc.org</a></p>
<p><b><u>Mental Health Crisis Clinic (Northeast)</u></b></p>	<p>It is an outpatient mental health service provider developed to serve individuals experiencing a mental health crisis situations. This clinic also serves individuals unable to follow up with other outpatient providers for their mental health needs.</p>	<p>18838 S Memorial Dr, Humble, TX 77338 <u>(713) 338-6422</u></p>	<p>Website: <a href="https://memorialhermann.org/">https://memorialhermann.org/</a></p>

## **ACKNOWLEDGEMENTS**

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**This resource list is provided for informational purposes only and is intended for use within the Humble/Houston, Texas community and surrounding areas. Inclusion does not constitute an endorsement, recommendation, or guarantee of services, and no representations are made regarding the quality or effectiveness of any provider listed.**

**THANK YOU. GOD BLESS.**